

## SIGNS AND SYMPTOMS OF ASPIRATION

When food is inhaled into the lungs, a condition called aspiration can occur. Some common symptoms include:

- Coughing or choking
- Difficulty breathing
- Wheezing or noisy breathing
- Chest discomfort or pain
- Shortness of breath
- Hoarseness or a change in voice
- Fever (if infection develops)
- Frequent throat clearing
- Blue-tinged skin (cyanosis) due to lack of oxygen in severe cases

If aspiration occurs frequently, it can lead to more serious conditions like aspiration pneumonia. Seeking medical attention is important if any of these symptoms arise. If your child has difficulty breathing, call 999.

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